Comox Valley Record

Courtenay man rides Great Divide to fund cancer research

Courtenay native Robert Trainor cancer research. He has never dialong the Great Divide.

In truth, he will cross the divide some 25 times while covering a directly to where they are needed distance of 4,000 kilometres and climbing 175,000 feet — the equiv- people. We have all lost loved ones alent of climbing Mt. Everest six times.

in 21 days, averaging 200kms a day and finishing at the Mexican fund this valuable lifesaving reborder at Antelope Wells, N.M. En search. We can beat this disease." route, he will pass through Montana, Idaho, Wyoming, Colorado to a private cancer fundraiser and New Mexico. The model of where 175 cyclists rode 400kms his bike - Cutthroat - is the state in one day from Kelowna to Vanfish of each of these states.

Trainor is no stranger to long distance riding or fundraising. an entry fee to cover costs, and to Over the past seven years he has raise at least \$2,500 each for canraised approximately \$150,000 for cer research. It was in this event,

sets out Saturday, Aug. 20 from verted a single penny of funds to Roosville, B.C. to ride his moun- cover overhead, choosing instead tain bike from Canada to Mexico to cover all event costs out of his own pocket.

"This allows the donations to go most," he said. "I think it speaks to to this disease and it's a quickly changing landscape. New cures He hopes to cover the distance and treatments are being discovered every year, but we need to

In 2014, Trainor was introduced couver.

Participants were required to pay

which at the time was the largest independent cancer fundraiser in Canada, that Trainor got started. When Ride2Survive wrapped up in 2019 and the COVID pandemic started the year after, all fundraisers were cancelled, leaving a large funding gap for many charities. In 2020 and in 2021, Trainor organized his own events and raised about \$30,000 in those two years for cancer research funding.

He is sitting at more than \$54,000 raised. His goal is \$100,000. If interested in supporting his campaign, or want to follow his journey, visit www.ride4life.ca. He will be posting daily updates.

Online donors are taken directly to the Canadian Cancer Society website when they click on the donate button.

All donations exceeding \$20 will be sent a tax receipt.



Rob Trainor will be biking from Canada to Mexico along the Great Divide to raise money for cancer research. Photo supplied

PUBLIC HEARING

Participate in person, virtually, or by commenting in advance:



LIVE BY ZOOM WEBINAR

For info & instructions visit courtenay.ca/publichearings



WATCH ONLINE Streamed live on the City of Courtenay's YouTube channel



LIVE BY PHONECONFERENCING 1-855-703-8985 Toll Free Meeting ID: 818 1687 1071#

SUBMIT WRITTEN COMMENTS Email: planning@courtenay.ca

At the CVRD's CIVIC Room

770 Harmston Ave, Courtenay

IN PERSON

Mail: Development Services 830 Cliffe Ave. Courtenay, BC V9N 2J7

The deadline for written submissions is three hours prior to the start of the public hearing. Submissions should contain the writer's name and address which become part of the public record. Visit **courtenay.ca/publichearings** for details.

MONDAY AUGUST 29, 2022, 3:15 p.m.

Comox Valley Regional District (CVRD) Civic Room, 770 Harmston Avenue, Courtenay

1790 15th Street

RZ000063 File Number: Bylaw Number: 3051

The property owner(s) have applied to rezone the above-noted property to a new Comprehensive Development Thirty Five Zone (CD-35) to allow the development of a building strata containing two duplexes. The subject property is shown in bold on the map.

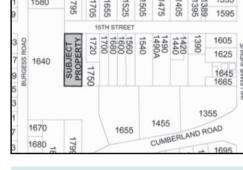
CITY OF

OURTENAY

Development Services

Cassandra Marsh Planner II





GET MORE INFORMATION

The bylaw is available for viewing at Courtenay City Hall, 830 Cliffe Avenue, 8:30 am to 4:30 pm Monday to Friday, except holidays, OR online:

courtenay.ca/publichearings

250-703-4839 | planning@courtenay.ca

COVID-19 IN BC

Pediatric vaccines are now approved for children aged 6 months to 4 years.



Designed for kids' immune systems, pediatric vaccines deliver a smaller dose than the adult dose and help protect children. Canada's pediatric vaccines have been rigorously tested and are safe. Getting vaccinated helps prevent children from getting seriously ill and hospitalized.



Learn more at gov.bc.ca/vaccineforkids

